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The Greater Harlem Chamber of Commerce, Harlem
Hospital, New York Academy of Medicine, Emblem
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present



Focus:

Respiratory Illnesses, The Environment,
& Healthy Communities

Thursday, February 23, 2012

12:30 pm - 5:00 pm

The City College of New York
The Great Hall in Shepard Hall
138th Street & Convent Avenue

About the Event

The Greater Harlem Chamber of Commerce, along with the New York Academy of Medicine, Harlem Hospital, Emblem Health, Touro College of Osteopathic Medicine and The City College of New York, is sponsoring a four-day Urban Health Conference centered around Urban Ecology.

Since its inception in 2007, the Greater Harlem Chamber of Commerce's "Healthy Eating and Living" initiative focus is on activities related to chronic diseases that affect Harlem and other communities of color across the United States of America. The dominance of Obesity, Diabetes, Hypertension, Mental Illness, Heart Disease, Asthma and Stroke in communities of color cannot be denied. In addition, despite the formidable medical resources available in the Harlem community, that have the responsibility to provide for care, the chronic conditions have not been significantly slowed in their spread.

The characteristic these chronic syndromes have in common is the possible amelioration by use of disease prevention strategies. The core value and approach of the "Healthy Eating and Living" initiative is to avoid these chronic diseases by acquiring information that can be converted into the right behaviors: restraint of appetite through eating the right foods and right size portions; exercise at the right intensity and intervals; as well as serving as a mentor or role model for family and friends striving to convert to a healthy life style.

For five years, the "Healthy Eating and Healthy Living" focused on these and other chronic diseases to trigger individuals, and families to take personal responsibility for efforts to avoid illness. This year, the Chamber's Health Committee has broadened its approach to include the challenges that our Urban Ecology makes to preventing illness, maintaining health and fighting chronic disease.

The 2nd Annual Urban Health Conference takes place starting Thursday, February 23rd thru Sunday February 26th. Programs to be held at the City College of New York, Harlem Hospital Center, the Adam Clayton Powell, Jr. State Office Building and at selected Houses of Worship including Abyssinian Baptist Church, First Corinthian Baptist Church, and Brooklyn's Christian Center.

The impact of Urban Ecology will be addressed in this year's conference. Topics that are included in the discussions are asthmatic conditions, men's health issues, youth/domestic violence and spiritual health.

Contributed by Dr. John Palmer

For More Information Please Visit:
www.harlemhealthyliving.com

2nd Annual National Urban Health Conference 2012 Schedule

Friday, February 24, 2012

8:30 am—12:30 pm	Harlem Hospital Center W. 135th Street and Malcolm X. Blvd.	Men's Health: Environmental Issues
1:30 pm—3:30 pm	Applebee's W. 125th Street at Fifth Avenue	"Healthy Eating"

Saturday, February 25, 2012

9:00 am—1:00 pm	Adam C. Powell, Jr. State Office Building 163 W. 125th Street	Financial Health: Focus on Women
1:00 pm—4:00 pm	125th Street & Adam Clayton Powell Jr. Blvd	Domestic Violence: Our Youth vs. Our Youth

Sunday, February 26, 2012

(Spiritual Health at Selected Churches)

In Harlem:

Abyssinian Baptist Church

132 Odell Clark Place
On W. 138th Street bet. Lenox Ave & A.C. Powell Blvd)

First Corinthians Baptist Church

1912 Adam Clayton Powell Blvd
Located at 116th Street

In Brooklyn:

Brooklyn Christian Center

1061 Atlantic Avenue, Brooklyn, NY 11238
Between Classon & Franklin Avenues

Abundant Life Church

650 Washington Avenue, Brooklyn, NY 11238
Located at Bergen & Dean Streets

In Queens:

The Greater Allen AME Cathedral of NY

110-31 Merrick Blvd, Jamaica, NY 11433
Bet. 110 Road and 111 Avenue

Guest Speakers & Panelists



Dr. H. Jack Geiger is the Arthur C. Logan Professor Emeritus of Community Medicine at the Sophie Davis School of Biomedical Education at The City College of New York. Before assuming the Logan Professorship, he was Chairman of the Department of Community Medicine at Tufts University Medical School.

Most of his professional career has been devoted to the problems of health, poverty and human rights. He initiated the community health center model in the U.S combining community-oriented primary care, public health interventions, and civil rights and community empowerment and development initiatives, and was a leader in the development of the national health center network of more than 1,100 urban, rural and migrant centers currently serving some 20 million low-income patients.

Dr. Geiger's work in human rights spans more than six decades; he is a founding member of Physicians for Social Responsibility, Physicians for Human Rights and the Committee for Health in Southern African and has co-authored more than 100 scientific articles, book chapters and monographs on topics ranging from Community-oriented primary care, poverty, health care, and the health and environmental consequences of nuclear war and nuclear weapons production.

Dr. Neville A. Parker is Herbert G. Kayser Professor of Civil Engineering at The City College, where he is the Director of the CUNY Institute for Transportation Systems, which encompasses the Universal Transportation Model Simulation Center, a semi-autonomous operation dedicated to the quantitative study of the impacts of transportation on community health and quality of life, and the attendant policy implications deriving therefrom, using East Harlem as it's test bed. In this regard, he also serves on the Manhattan Borough President's Go Green East Harlem Steering Committee.



Dr. Parker is also Principal Investigator/Project Director of the National Science Foundation Louis Stokes Alliance for Minority Participation in Science, Technology, Engineering and Mathematics, a CUNY-wide program that operates on 16 of CUNY's 17 colleges, plus the Graduate Center. Dr. Parker received his B.E.(Civil) degree from CCNY in 1965, and his M.E.(Civil) and Ph.D. (Environmental Systems Engineering) degrees, in 1966 and 1971, respectively, from Cornell University. He returned to CCNY in 1988.



Honorable Darryl C. Towns was selected by Governor Andrew M. Cuomo to serve as Commissioner/CEO of NYS Homes and Community Renewal, which includes all the state's integrated housing and community renewal agencies and programs.

Prior to his appointment, Commissioner/CEO Towns served in the NYS Assembly for 18 years, where he chaired the Banking Committee and served on Education, Health, Rules and Economic Development, Job Creation, Commerce and Industry committees.

During his 18 years in the New York State Assembly, Commissioner Towns worked closely with not-for-profit housing agencies and community development corporations to revitalize neighborhoods and build and preserve affordable housing for his constituents.

He sponsored legislation to improve access to affordable housing for disabled veterans, and was a strong advocate of projects that provided affordable housing units for rentals and homeownership, including a long-awaited mixed-use development that helped revitalize a once desolate section of the Fulton Street commercial strip in Cypress Hills.

Commissioner/CEO Towns also sponsored legislation to support community and economic development efforts, including a measure to revise and expand the State Charter Deposit Program. The measure encouraged the State to place funds in local community banks in order to support and promote local economic activity. He also sponsored legislation to create the New York State Community Development Financial Institutions Program, to ensure that capital is available for small businesses.

Program

12:30 pm

Registration & Lunch

1:15 pm

Master of Ceremonies

Mr. Darwin Davis
President of Black Agency Executives

Opening Remarks

Dr. Lisa S. Coico
President, The City College of New York

Statement of Purpose

Dr. Jo Ivey Boufford
President, The New York Academy of Medicine

Introduction of Speaker

Mr. Lloyd Williams
President & CEO, Greater Harlem Chamber of Commerce

Keynote Address

Honorable Dr. Donna M. Christensen
United States Congressional Representative

National Public Service Award Presentation to Honorable Dr. Donna Christensen

2:45 pm

Introduction of Panel

Mr. Darwin Davis

Dr. John Palmer - Moderator

Dr. Federica Perera, Director of the Center for Children's Environmental Health at Columbia University

Dr. Mindy Fullilove, Psychiatrist and Professor at Columbia University

Dr. H. Jack Geiger, Arthur C. Logan Professor Emeritus of Community Medicine at The Sophie Davis School of Biomedical Education at The City College of New York

Dr. Neville Parker, Herbert G. Kayser Professor of Civil Engineering at The City College of New York

Honorable Darryl Towns, Commissioner of NYS Homes & Community Renewal

5:00 pm

Closing Remarks

Reception to follow

Guest Speakers & Panelists



Dr. Lisa S. Coico is a nationally prominent educator and researcher in microbiology and immunology and former Provost and Executive Vice President of Academic Affairs and Professor of Surgery at Temple University, is the 12th President of The City College of New York. A native of Brooklyn, President Coico earned a B.S. with honors in biology from Brooklyn College, and is the first CUNY alumna to serve as president of City College.

President Coico served as executive director of the Tri-Institutional Research Program, a \$160 million research consortium of Cornell University, Memorial Sloan-Kettering Cancer Center and Rockefeller University. She has also held senior academic and administrative leadership positions at Cornell's Joan and Sanford I. Weill Medical College in New York City, including vice provost for medical and external affairs, senior associate dean for research, division chief of surgical research, and professorships in microbiology in surgery, microbiology in dermatology, and public health.

Dr. Coico currently researches alcohol and drug abuse prevention among traditional college-aged students.

Jo Ivey Boufford, M.D., is President of The New York Academy of Medicine which has been working to improve the health of people in cities since 1847. Dr. Boufford is Professor of Public Service, Health Policy and Management at the Robert F. Wagner Graduate School of Public Service and Clinical Professor of Pediatrics at New York University School of Medicine. Before coming to NYAM, she was Dean of the Wagner School of Public Service at New York University and served as Principal Deputy Assistant Secretary for Health in the U.S. Department of Health and Human Services. Dr. Boufford served as President of the New York City Health and Hospitals Corporation, between 1985 and 1989, and she was elected to membership in the Institute of Medicine in 1992.



She currently serves on the boards of the United Hospital Fund, the Primary Care Development Corporation and Public Health Solutions formerly MHRA. She was President of the National Association of Schools of Public Affairs and Administration in 2002–2003. She was elected to serve a second four year term as the Foreign Secretary of the IOM beginning July 1, 2010. She was elected a Fellow of the National Academy of Public Administration in 2005. She has been a Fellow of The New York Academy of Medicine since 1988 and a Trustee since 2004. She is a pediatrician and has been actively involved in addressing urban health and health disparities throughout her career.



The Honorable **Donna M. Christensen** is a Member of the U.S. House of Representatives, representing the U.S. Virgin Islands. She is the first female physician in the history of the U.S. Congress, the first woman to represent an offshore Territory, and the first woman Delegate from the United States Virgin Islands. She serves as an Assistant Minority Whip in the Democratic Caucus. Delegate Christensen is the First Vice-chair of the Congressional Black Caucus and chairs the Congressional Black Caucus' Health Braintrust, which oversees and advocates minority health issues nationally and internationally.

Delegate Christensen serves on the following House Committees, Subcommittees and Caucuses: She is a Member of the House Committee on Energy and Commerce. Congresswoman Christensen was the first Delegate to Congress in history to serve on the exclusive Energy and Commerce Committee, which she first did in the 111th Congress. The Energy and Commerce Committee covers a wide range of issues to include health, climate change, telecommunications, and commercial and consumer issues with oversight over many federal departments and agencies to include the departments of Energy, Health and Human Services, Commerce, as well as the Environmental Protection Agency, the Federal Trade Commission, the Food and Drug Administration and the Federal Communications Commission.

Delegate Christensen is the First Vice-chair of the Congressional Black Caucus and chairs the Congressional Black Caucus' Health Braintrust, which oversees and advocates minority health issues nationally and internationally. She is a Member of the Congressional Caucus for Women's Issues; Member of the Coast Guard Caucus, Member of the Congressional Fire Caucus and a Member of the Congressional National Guard and Reserve Caucus.

Christensen began her medical career in the Virgin Islands in 1975 as an emergency room physician. She maintained a private practice in family medicine from 1975 until her election to Congress in 1996.

Christensen is a member of the National Medical Association, the Virgin Islands Medical Society, the Caribbean Studies Association, the Caribbean Youth Organization and the Virgin Islands Medical Institute. Prior to her election to Congress she served on a variety of church and civic associations.



Darwin M. Davis is a New Yorker and has devoted his career to the non-profit human services arena. He's led several organizations including Black Agency Executives, the Human Services Council, the New York Urban League and most recently Black Equity Alliance. He has also taught non profit management at New School University, Baruch's National Urban Rural Fellows (NUF) Program, New School University and Columbia University's Institute for Nonprofit Management. He is currently operating his own management consultant firm advancing the mission of non-profit organizations through board, executive and coaching services.

Dr. John M. Palmer served as the Executive Director of Harlem Hospital Center and the Renaissance Health Care Network for 12 years, and was the longest serving Executive Director in the history of both institutions. The Hospital, located in Central Harlem, New York, is a level one trauma center with 13,000 discharges per year, providing 300,000 outpatient visits, and 78,000 emergency department visits. The Renaissance Health Care Network provides 97,000 visits per year. Dr. Palmer also served as the Executive Director of Kingsboro Psychiatric Center, Deputy Regional Director of the New York City Office of the New York State Office of Mental Health and Assistant Commissioner of the New York City Department of Mental Health.



Dr. Palmer is a licensed Psychologist in the State of New York. For two years the author of a regular column on health and wellness in the Positive Community Magazine, Dr. Palmer has published articles on Psychiatry in the Journal of the National Medical Association, the New York University College of Dentistry's Global Health Nexus Magazine and has presented research at the National Conference of the American Psychiatric Association, and the Conference on Emergency Preparedness at the Metropolitan College of New York. Dr. Palmer has earned the Advanced Black Belt in Karate.



Dr. Frederica P. Perera, professor, Mailman School of Public Health and director of the Columbia Center for Children's Environmental Health, has been widely recognized and lauded for her accomplishments in the field of children's environmental health. Dr. Perera's work has had far-reaching impact in broadening understanding of the impact of the environment on health.

One of Dr. Perera's long-term studies, in conjunction with the Columbia Center for Children's Environmental Health, examined the health effects of exposure of pregnant women and babies to indoor and outdoor air pollutants, pesticides, and allergens. This research project concluded as a result of mothers breathing polluted air during pregnancy was associated with lower birth weight, reduced birth head circumference, preterm birth, small size for gestational age, and developmental delay in childhood, as well as a contributor to respiratory problems.

Dr. Perera pioneered the field of molecular epidemiology, beginning with studies of cancer and is now applying molecular techniques within studies of pregnant women and their children. Her areas of specialization include prevention of environmental risks to children, molecular epidemiology, cancer prevention, environment-susceptibility interactions in cancer, developmental damage, asthma, and risk assessment.

Mindy Thompson Fullilove, MD, is a research psychiatrist at New York State Psychiatric Institute and a professor of clinical psychiatry and public health at Columbia University.

She is a board certified psychiatrist, having received her training at New York Hospital-Westchester Division and Montefiore Hospital, who is interested in the links between the environment and mental health. She started her research career in 1986 with a focus on the AIDS epidemic, and became aware of the close link between AIDS and place of residence. Under the rubric of the psychology of place, Dr. Fullilove began to examine the mental health effects of such environmental processes as violence, rebuilding, segregation, urban renewal, and mismanaged toxins. She has conducted research on AIDS and other epidemics of poor communities, with a special interest in the relationship between the collapse of communities and decline in health.



She has received many awards, including inclusion in many "Best Doctors" and two honorary doctorates. Her work in AIDS is featured in Jacob Levenson's *The Secret Epidemic: The Story of AIDS in Black America*. Her current work focuses on the connection between urban function and mental health.